

Log Jammer 2017

Half-Marathon and 5K Race

Brought to you by the friendly folks at
Barksdale AFB Outdoor Recreation AF Services

Special Thanks to: Sportspectrum Race Management, Gatorade, Ozarka Water, SPAR, City of Shreveport, Woody's Music Madness, Willis-Knighton & Whiteclover

Distances: Half Marathon (13.1 miles); or 5-K (3.1 miles)

Race Times: Half Marathon starts at 7:30 AM; 5-K starts at 8:00 AM.

Location: Festival Plaza, North end of the Clyde Fant Parkway opposite SciPort.

Course: 5K course will begin at festival plaza and go out and back on the Clyde Fant Parkway bike path. 1/2 marathon course has some rolling hills and a few flat areas. Please see map on back.

Registration: Register at Sportspectrum (6970 Fern Ave. the corner of E. 70th and Fern) or **ONLINE** at www.sportspectrumusa.com. Race day registration will begin at Festival Plaza at 6:30 AM and will close at 7:20 AM. Please call Sportspectrum at 318.798.1241 for more info.

Packet Pickup: Pre-race pickup is at Sportspectrum beginning, **noon on Friday December 8th and Saturday, December 9th** from 10:00 AM to 5:30 PM. Packets will also be available on Sunday at the race site from 6:30—7:20 a.m. **No packets mailed or held. If you do not pick up your packet by the start of the race your packet will be forfeited.**

Timing: Timing chips will be provided at no additional cost on Race Day and can be picked up at the registration booth. Please arrive early to ensure receipt of chip. Only those with timing chips will be scored and are eligible for prizes. *You must return your timing chip after the race.

*****You will be assessed a \$10.00 fee if you lost or forgot your race #w/chip.*****

Prize Money: Overall M/F \$250 ea. 2nd Overall M/F \$150 ea., Overall Masters & Grand Masters M/F \$100 ea., 2nd Overall Masters & Grand Masters M/F \$50.00 ea.

Awards: HALF MARATHON: Everyone will receive a finisher's medal!

Male & Female: 1st and 2nd in each age group; and 1st and 2nd overall.

Masters/Grand Masters: 1st and 2nd Masters, and 1st, and 2nd Grand Masters.

Age Groups: 19 & under; 20 – 24; 25 – 29; 30 – 34; 35 – 39; 40 – 44; 45 – 49; 50 – 54; 55 – 59; 60 – 64; 65 & over.

5K RUN & HEALTH WALK: Overall Male & Female, M/F 1st and 2nd each age group; and 1st and 2nd overall. Masters/Grand Masters: 1st and 2nd Masters, and 1st and 2nd Grand Masters.

Age Groups: 15 & Under; 16 – 29; 30 – 39; 40 – 49; 50 – 59; 60+.

Refreshments: Refreshments will be served at the post event party and awards ceremony.

Special Note: Under RRCA regulations; absolutely no baby joggers, strollers, bikes, inline rollerskates, or skateboards will be allowed!!



A portion of all proceeds raised from the race will go to benefit the men and women at Barksdale Air Force Base.

OFFICIAL ENTRY FORM

Log Jammer

Half Marathon & 5K Race

December 10, 2017—7:30am

(Please Print) LAST NAME FIRST NAME MI

ADDRESS

CITY STATE ZIP

E-MAIL ADDRESS

DATE OF BIRTH ____/____/____ SEX: Male or Female

Please circle the race you are doing: Half Marathon 5k Run / Healthwalk

Half-Marathon

5K/Healthwalk

Through Sept 16	-\$55 _____	Through Sept 16	-\$20 _____
Sept 17-Oct 21	-\$60 _____	Sept 17-Oct 21	-\$25 _____
Oct 22- Nov 30	-\$80 _____	Oct 22- Nov 30	-\$30 _____
Dec 1–Dec 9	-\$85 _____	Dec 1–Dec 9	-\$35 _____
Race Day	-\$100 _____	Race Day	-\$40 _____

Shirt Size (Please Circle): S M L XL XXL (add \$2.00)

I have read the wavier and release below. SIGNATURE _____ DATE _____

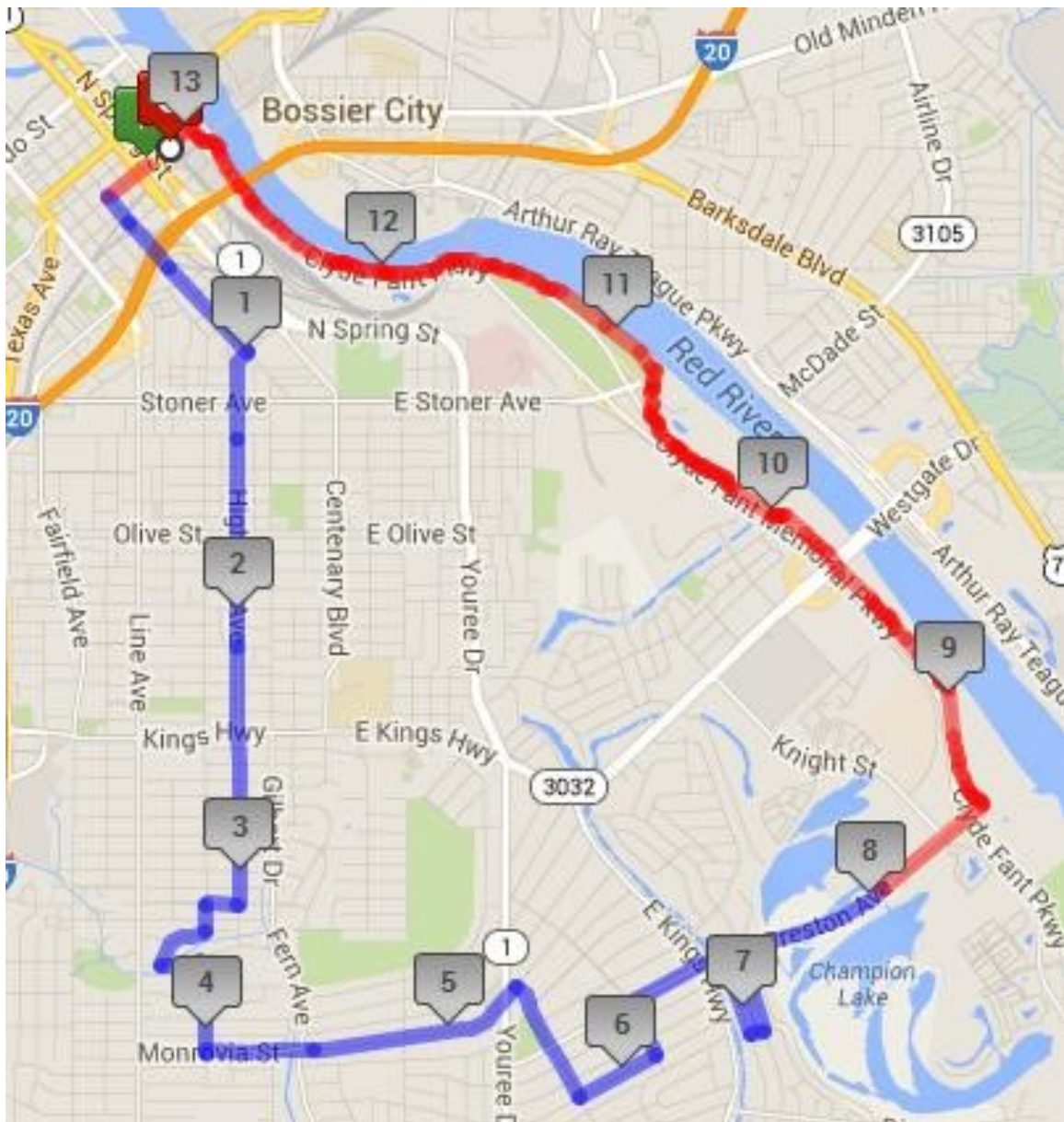
Parent/Guardian signature if under 18. _____

Wavier & Release

No Refunds – Race director reserves the right to reject any entry. I know that running a road race is a potentially hazardous activity, which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Sportspectrum, the city of Shreveport, SPAR, Sportspectrum and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I am responsible for the IPICO timing chip and agree to pay \$10.00 replacement fee for lost or unreturned chip.

Register online @ www.sportspectrumusa.com





2016 Half Marathon Winners

Female 1st Taylor Slack - 1:27:15, 2nd Anna Moore —1:27:37
 Male 1st William Songock - 1:13:22, 2nd Nathan Hall—1:21:36



is proud to present...

**The 2017
 Log Jammer Half Marathon & 5k**

*Sunday, December 10th, 2017
 Festival Plaza, Shreveport, LA*

