



Northwest Louisiana Military Support Foundation in partnership with  
 Barksdale Officers' Spouses' Club presents  
**2<sup>nd</sup> Annual Shamrock Shuffle 5K on Saturday, March 4, 2017**  
**8:00 a.m. Kids Fun Run; 8:15 a.m. 5K Race in Red River District on Commerce Street**  
**COME OUT AND SUPPORT LOCAL AND NATIONAL MILITARY CHARITIES!**

Proceeds raised from this 5K will be used for donations to the Barksdale Officers' Spouses' Club (BOSC) military child scholarship program, as well as donations to local and national military charities. Last year the BOSC was able to contribute several thousand dollars to Operation Bright Holiday, The Educational Center for Autism, Barksdale AFB Airman and Family Readiness Center, Fisher House Inc., BAFB Base Library Summer Reading Program, HAP House, Airman's Attic, and Air Force Aid Society.

**Entry Fee:** Pre-registration is \$20 by **January 29**; \$25 from **January 30 - March 3**; & \$30 on **race morning**. Register at [www.sportspectrumusa.com](http://www.sportspectrumusa.com), or at Sportspectrum - 6970 Fern Avenue, 71105.

**Packets & T-shirts:** Pick-up at Sportspectrum on **Thursday, March 2 from 12:00-7:00 p.m.**, & **Friday, March 3 from 10:00 a.m. - 5:30 p.m.** Packets & t-shirts will be available on race day in Red River District near Bon Temps at **7:00 a.m.** \*Shirts are not guaranteed to late registrants. \*1/2 mile fun run does not include a t-shirt.

**Awards & Age Groups:** Overall male & female 5K finishers will receive a special award. 1<sup>st</sup> & 2<sup>nd</sup> place male & female finishers will be awarded a medal in each age group. **Age groups:** 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, & 70+.

**Post-party:** See [facebook.com/shamrockshufflebosc](http://facebook.com/shamrockshufflebosc) for after party details.

**Note:** Strollers, wagons, and baby joggers are allowed at a walk pace capacity only. By RRCA regulations, NO in-line/roller skates or runners with baby strollers will be allowed on the course.

**REGISTER AT [WWW.SPORTSPECTRUMUSA.COM](http://WWW.SPORTSPECTRUMUSA.COM)**

**Barksdale Officers' Spouses' Club Shamrock Shuffle Official Entry Form- March 4, 2017**

Waiver & Release: In consideration of my being admitted to the Shamrock Shuffle; I, for myself, my heirs and assigns, executors and administrators, do hereby forever release and discharge Sportspectrum, BOSC, and Sportspectrum Race Management, their employees and agents, of and from any and all claims of demands for damages of liability in any manner arising out of participation in such event. I certify that I have prepared myself for this event and that I am in adequate physical condition to compete in the event I have entered on. I agree to follow all rules of this race, and I permit myself to be removed from the competition if in the opinion of the Race Administrators my continuing would endanger my health.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Circle: Male or Female

T-Shirt Size (circle) YM YL S M L XL XXL (add 2.00)

I understand & agree to all conditions of waiver. Signature \_\_\_\_\_

Parent/ Guardian Signature (Participants under 18 years old): \_\_\_\_\_

