



“THE TRAIL RUN”

The Colder—The Wetter—The Better

Eddie D. Jones Park
8400 Mike Clark Road, Keithville, LA 71047 318.929.2806

Last _____ First _____

Address _____

City _____ State _____ Zip _____

E-mail Address _____

Run Division: 10+ Mile Trail Run 3+ Mile Fun Run

Are you competing in the Trail Run Series: **Yes No Undecided**

Male or Female Date of Birth ____/____/____

Men’s - Mizuno Tech Jacket: S M L XL (XXL add \$2.00)

Women’s - Mizuno Tech Jacket—Men’s: XS S M L XL

****We have 300 jackets, when they are gone we will substitute with a Long Sleeve Cotton Shirt****

Registration:	
Through Jan. 1st	\$40.00 _____
Jan. 2– 15	\$45.00 _____
Jan. 16 –20	\$50.00 _____
Race Day	\$60.00 _____

**Mizuno Tech Jacket:
Gender Specific Beautiful
Jacket—retails for \$75**

**We only have 300 so sign up
early to guarantee yours!**

Waiver and Release

In consideration of my being admitted to enter “The Trail Run”, I, for myself, my heirs and assigns, executors, and administrators, do hereby forever release and discharge Sportspectrum, RRCA, Sportspectrum Race Management, NWLRA, and River City Cycling, their employees and agents, of and from any and all claims of demands for damages of liability in any manner arising out of participation in such event. I certify that I have prepared myself for this event and that I am in adequate physical condition to complete the event I have entered on. I agree to follow all rules of this race, and to permit myself to be removed from the competition if in the opinion of the Race Administrators my continuing would endanger my health.

Signature _____ Date _____

Date: January 21st, 2017 **Start:** 8:30 a.m.

Registration: You may register in the store with cash, check, or credit card or you can register online @ www.sportspectrumusa.com.

Early Registration is \$40.00 through Jan. 1st, Jan. 2-15 is \$45.00, Jan. 16-20 \$50.00. Race Day \$60.00

Packet Pick Up: Thursday, Jan. 19th noon-6:30,
Friday, Jan. 20th 10:00 a.m.—5:30 at Sportspectrum.
Race day starting at 7:30 a.m. at the race site.

Race Course: Both the 10+ and 3+ mile courses are run on the beautifully cut trails that wind through Eddie D. Jones Park.

Trail Run Series: This year we are having a 3 race trail series. If you run all three races for the Monkey Trails, Trail Run at Bistineau and the Backroads & Bayous Trail run you will be eligible for a trail run series award. The Top 10 male and female finishers in each race distance will receive an award.

*****if you sign up for either the 10 mile or 3 mile run at the Monkey Trails, you must do the 10 mile run at Bistineau and at Backroads and Bayous to be eligible. You cannot do the 10 mile at one and the 3 mile at the others.*****

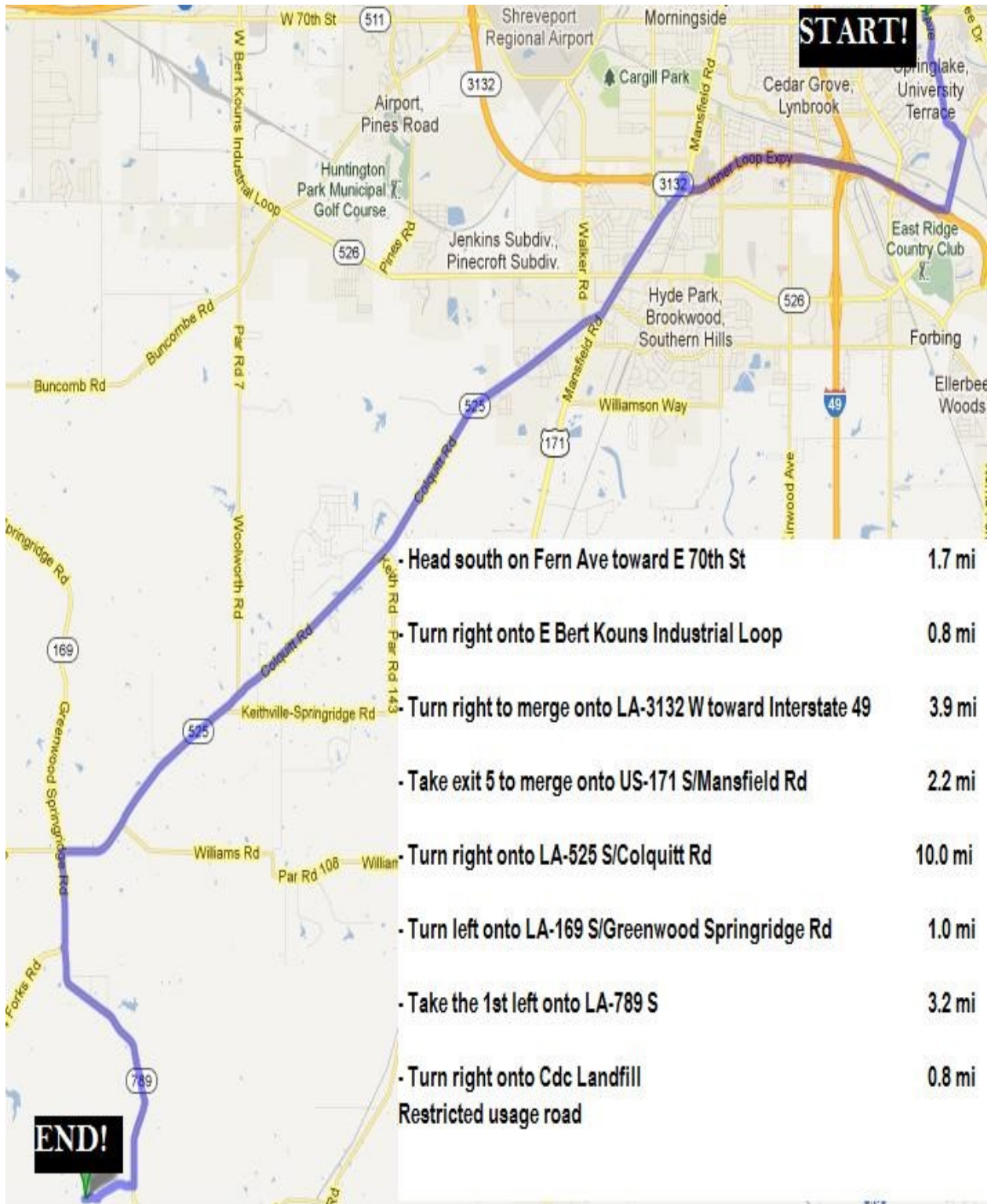
Awards: Overall Male/Female in the 10+ Mile Run will receive a special award!

10+ Mile run: Top 10 Male/Female Overall.	Top 3 Masters Male/Female
	Top 2 Grand Masters Male/Female
3+ Mile Run: Top 6 Male/Female Overall.	First Masters Male/Female

Post Race Party: Burgers and Beer!!

	2015 Overall Winners 10+ Miles	
Male: William Fell	1:19:00	Female: Angela Witt 1:36:03
	2016 Overall Winners 10+ Miles	
Male: Doan Conor	1:15:55	Female: Kendra Phillips 1:42:45
	2015 Overall Winners 3+ Miles	
Male: Steve Ertz	31:04	Female: Kaitlin Tanner 29:02
	2016 Overall Winners 3+ Miles	
Male: Matt Catha	27:08	Female: Denise Joplin 29:21

This race is run In Memory of Robin Fell



TRAILRUN

AT THE MONKEY TRAILS

January 21st, 2017
8:30 a.m.
Eddie D. Jones Park