

# Superhero 5K 2015

## Age Group Results

Race Date  
January 09, 2016

### 5K Race

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Megan Burr	Bossier City LA	25	266	6	23:43.8	7:39/M	

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Andrew Canfield	Shreveport LA	28	197	1	19:09.0	6:11/M	

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#### Female 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	* Victoria Teague	Benton LA	12	145	24	26:33.8	8:34/M	
2	Megan Arbuckle	Shreveport LA	17	188	26	26:35.9	8:35/M	0:02.1
3	Belle Reinke	Keithville LA	13	160	39	29:28.9	9:30/M	2:55.1
4	Meghan Schaffer	Haughton LA	14	170	43	30:49.7	9:56/M	4:15.8
5	Anna McLaurin	Vivian LA	18	90	55	33:44.5	10:53/M	7:10.7
6	Tori Beaudion	Shreveport LA		152	78	39:40.4	12:48/M	13:06.5
7	Heremela Conway	Barksdale AFB LA	10	132	93	47:44.3	15:24/M	21:10.5
8	Natasha Smith	Shreveport LA		151	103	52:49.2	17:02/M	26:15.4

#### Male 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	* Ethan Wilkes	Haughton LA	14	82	10	24:09.7	7:47/M	
2	Jason Teague	Benton LA	9	146	12	24:40.4	7:57/M	0:30.7
3	Stephen Koruna	Shreveport LA	16	248	20	26:08.6	8:26/M	1:58.8
4	Ethan Arbuckle	Shreveport LA	17	187	21	26:15.3	8:28/M	2:05.5
5	Jonathan Higgins	Shreveport LA	16	212	25	26:35.6	8:35/M	2:25.8
6	Ethan Yordsilp	Shreveport LA	18	218	38	29:24.0	9:29/M	5:14.2
7	Issac Terry	Shreveport LA	11	268	40	29:45.9	9:36/M	5:36.1
8	Luke Shoalmire	Benton LA	7	213	50	32:34.9	10:30/M	8:25.1
9	John Atkins IV	Shreveport LA	16	260	57	34:26.4	11:06/M	10:16.7
10	Jacob Winans	Shreveport LA	16	156	76	39:01.5	12:35/M	14:51.7
11	Jerrmy Thompson	Haughton LA	17	222	77	39:36.1	12:46/M	15:26.4

#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	* Brittney Reeve	Shreveport LA	27	231	22	26:17.2	8:29/M	
2	Megan White	Shreveport LA	27	77	30	28:14.3	9:06/M	1:57.1
3	Janequa Mitchell	Shreveport LA	21	131	35	28:55.4	9:20/M	2:38.2
4	Ashley Nirelson	Shreveport LA	27	94	53	33:15.8	10:44/M	6:58.6
5	Carly Santone	Mooringsport LA	22	89	62	35:55.1	11:35/M	9:37.9
6	Lindsey Crook	Vivian LA	23	88	63	35:55.7	11:35/M	9:38.4
7	Tasia Harris	Shreveport LA	29	162	66	36:37.3	11:49/M	10:20.1
8	Patrice Campbell	Shreveport LA	29	117	71	37:44.5	12:10/M	11:27.3
9	Chanel Walker-Harris	Shreveport LA	29	73	72	37:50.3	12:12/M	11:33.1
10	Andreina Inciarte	Barksdale AFB LA	22	123	74	38:07.7	12:18/M	11:50.5
11	Jenna Lindsay	Heflin LA	26	110	91	46:00.9	14:50/M	19:43.7
12	Kirstie Horton	Shreveport LA	29	124	94	48:30.9	15:39/M	22:13.7
13	Andrea Pugh	Shreveport LA	26	116	96	51:05.3	16:29/M	24:48.1

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14	Jamie Gallant	Bossier City LA	24	185	111	1:02:59.8	20:19/M	36:42.6

#### Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	* Kyle Davis	Benton LA	29	249	18	26:06.3	8:25/M	
2	Ephraim Fields	Shreveport LA	23	130	36	28:55.7	9:20/M	2:49.3
3	Mike Wright	Bossier City LA	27	190	56	34:18.7	11:04/M	8:12.3
4	Kristian Winfree	Barksdale AFB LA	23	122	73	38:07.5	12:18/M	12:01.1
5	Issac Harris	Shreveport LA	29	161	75	38:38.5	12:28/M	12:32.1
6	Robert Gallant	Bossier City LA	25	184	81	41:00.0	13:14/M	14:53.6
7	David Hartzog	Bossier City LA	24	120	82	41:41.1	13:27/M	15:34.7

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	* Mandi Waldron	Haughton LA	32	271	14	24:50.1	8:01/M	
2	Jackie Huchnall	Benton LA	31	237	19	26:07.3	8:25/M	1:17.2
3	Annmarie Elgin	Bossier City LA	30	129	28	27:56.2	9:01/M	3:06.1
4	Catherine Allen	Shreveport LA	39	257	31	28:24.8	9:10/M	3:34.6
5	Lisa Neese	Shreveport LA	36	171	41	29:50.9	9:37/M	5:00.8
6	Tessa Jordan	Greenwood LA	37	87	44	30:58.7	9:59/M	6:08.6
7	Sarah Stroope	Shreveport LA	35	252	47	32:08.1	10:22/M	7:18.0
8	Catherine Michelson	Shreveport LA	37	182	48	32:08.7	10:22/M	7:18.6
9	Brittany Pike	Bossier City LA	30	264	49	32:29.4	10:29/M	7:39.3
10	Traci Houston	Shreveport LA	38	228	60	35:26.6	11:26/M	10:36.5
11	Mandy Wright	Bastrop LA	30	200	69	37:13.2	12:00/M	12:23.1
12	Kelly Crow	Bastrop LA	30	199	70	37:13.2	12:00/M	12:23.1
13	Aimee Jenkins	Shreveport LA	39	137	85	44:05.9	14:13/M	19:15.8
14	Lemika McRae	Shreveport LA	37	80	92	46:27.5	14:59/M	21:37.4
15	Miranda Warren	Shreveport LA	32	235	95	48:32.6	15:39/M	23:42.5
16	Latiffany Smith	Shreveport LA	30	256	102	52:45.5	17:01/M	27:55.4
17	Crystal Whyte	Marshall TX	38	141	104	54:09.7	17:28/M	29:19.6
18	Windy Williams	Waskom TX	38	147	110	1:00:29.1	19:31/M	35:39.0

#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	* Michael Holmes	Bossier City LA	37	265	2	22:19.6	7:12/M	

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#### Male 30 to 39

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2	Eric Lang	Shreveport LA	35	272	3	22:34.3	7:17/M	0:14.7
3	Michael Waldron	Haughton LA	32	270	4	22:44.2	7:20/M	0:24.6
4	Donald Jackson	Bossier City LA	37	223	5	23:23.9	7:33/M	1:04.2
5	Matthew Huchnall	Benton LA	33	236	42	30:18.4	9:46/M	7:58.8
6	Chauncy Horton	Shreveport LA	31	125	52	33:13.3	10:43/M	10:53.6
7	Rodney Clements	Shreveport LA	31	95	64	36:05.8	11:38/M	13:46.2
8	Montrell Hall	Shreveport LA	30	118	86	44:07.8	14:14/M	21:48.1
9	Dshaun Davenport	Shreveport LA	30	138	107	58:49.7	18:58/M	36:30.0

#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Laura Mayeux	Keithville LA	43	126	23	26:31.5	8:33/M	
2	Amy Wilkes	Haughton LA	42	84	59	34:55.7	11:16/M	8:24.1
3	Cathy Greer	Bossier City LA	42	164	65	36:14.0	11:41/M	9:42.4
4	Laor Webb	Shreveport LA	42	219	67	36:38.2	11:49/M	10:06.6
5	Andrea Lawrence	Benton LA	45	238	80	40:23.9	13:02/M	13:52.4
6	Trina Johnson	Shreveport LA	43	198	89	45:57.1	14:49/M	19:25.5
7	Julie Higgins	Shreveport LA	44	211	97	51:25.0	16:35/M	24:53.4
8	Bonnie Arbuckle	Shreveport LA	44	186	98	51:27.7	16:36/M	24:56.1
9	Glenda Keith	Keithville LA	45	108	109	59:52.5	19:19/M	33:20.9

#### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Dan Koruna	Shreveport LA	44	247	16	25:13.5	8:08/M	
2	Jeff Hanson	Keatchie LA	44	178	17	25:38.7	8:16/M	0:25.1
3	John Atkins	Shreveport LA	42	259	33	28:33.7	9:13/M	3:20.1
4	Robert Arbuckle III	Shreveport LA	46	189	34	28:40.8	9:15/M	3:27.2
5	Terry Schaffer	Haughton LA	45	168	46	32:01.0	10:20/M	6:47.4
6	Brent Shoalmire	Benton LA	44	214	51	32:54.6	10:37/M	7:41.0
7	Kevin Lawrence	Benton LA	46	239	105	56:54.2	18:21/M	31:40.7
8	John Keith	Keithville LA	46	107	108	59:52.5	19:19/M	34:38.9

#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Cindy Payton	Shreveport LA	54	262	15	25:07.7	8:06/M	
2	Kim Moore	Stonewall LA	50	258	32	28:32.9	9:12/M	3:25.1

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3	Jeannie Martin		54	261	45	31:08.7	10:03/M	6:00.9
4	Robyn Goodrich	Shreveport LA	58	85	61	35:52.3	11:34/M	10:44.5
5	Tammy Lofton	Waskom TX	53	254	79	39:44.7	12:49/M	14:36.9
6	Lovie Howell	Bossier City LA	53	128	83	41:53.1	13:31/M	16:45.4
7	Pam Burnside	Haughton LA	53	269	84	43:30.8	14:02/M	18:23.1
8	Chinnesa Horace	Bossier City LA	50	177	88	44:22.4	14:19/M	19:14.7
9	Lynn Hutchins	Heflin LA	50	78	90	46:00.7	14:50/M	20:52.9
10	Laura Busby	Haughton LA	53	133	99	51:35.5	16:38/M	26:27.7
11	Tammy Szekacs	Haughton LA	51	174	100	51:35.5	16:38/M	26:27.8
12	Shelia Pridgen	Benton LA	59	240	106	57:55.6	18:41/M	32:47.8

#### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Steve Higgins	Shreveport LA	52	210	7	23:54.4	7:43/M	
2	Charles Collins	Shreveport LA	58	263	8	23:56.2	7:43/M	0:01.8
3	Larry Dillon	Longview TX	56	227	13	24:49.8	8:00/M	0:55.4
4	Ron McLellan	Gloster LA	58	140	54	33:16.1	10:44/M	9:21.7
5	Robert Hartzog	Bossier City LA	55	119	58	34:55.2	11:16/M	11:00.7
6	Darrell Horace	Bossier City LA	50	176	87	44:22.1	14:19/M	20:27.6

#### Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Stephanie Stump	Waskom TX	60	99	37	29:09.3	9:24/M	
2	Debbie Zavalydriga	Bossier City LA	62	86	68	36:54.9	11:54/M	7:45.5
3	Martha Maxey	Bossier City LA	60	175	101	51:35.7	16:38/M	22:26.3

#### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Nicholas Tredway	Shreveport LA	67	139	9	24:00.9	7:45/M	
2	Thomas Bogue	Stonewall LA	66	70	11	24:39.9	7:57/M	0:39.0
3	Philip Sage	Shreveport LA	65	153	29	27:56.9	9:01/M	3:55.9

#### Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Joe Lane	West Monroe LA	70	121	27	27:26.3	8:51/M	